

## Ken Aston Referee Society

### Self Evaluation List For REFEREES

**Andrew Castiglione**

*Founder of Ken Aston Referee Society*

You, the Referee, are usually your own most severe critic and this *should* be the case. After every game you should analyse your match performance and identify those aspects of your game that you did well and those that you feel you may have done better.

In order to assist you in an honest and constructive evaluation, it is suggested that you ask yourself the following questions in relation to your recent performance:

**EXAMPLE:**

**TODAY DATE:** \_\_\_\_\_

### DID I...

SUBJECT	Y/N	#	Thinking Process
<b>Appearance</b>		<b>1</b>	Look smart and confident when I entered and departed from the field of play?
		<b>2</b>	Approach the game calmly and fully prepared and not distracted in any way?
		<b>3</b>	Appear confident, without being 'gimmicky' or unnecessarily the 'centre of attention'?
<b>Signals</b>		<b>4</b>	Make the whistle 'talk' for me with proper variation and emphasis?
		<b>5</b>	Consider my whistle to be effective?
		<b>6</b>	Give the proper arm signals on all occasions?
		<b>7</b>	Give the correct direction signal on all occasions and not only point to where the offence occurred?
<b>Stoppages</b>		<b>8</b>	Deal effectively with players who wasted time?
		<b>9</b>	Get the game restarted quickly after each stoppage?
		<b>10</b>	Move into position before signalling for restarts?
<b>Advantage</b>		<b>11</b>	Apply the advantage clause when wise to do so?
		<b>12</b>	Properly indicate 'Advantage' application and speak to the offender and inform the offended?
<b>Co-operation with Assistant Referees</b>		<b>13</b>	Develop and maintain genuine teamwork with my Assistant Referees?
		<b>14</b>	Issue proper instructions to my AR and make certain I was understood?
		<b>15</b>	Use the AR to assist in my match control?
		<b>16</b>	Look to the AR's only for help with decisions, which were not initially clear to me?
		<b>17</b>	Where necessary, consult with AR's quickly, privately and briefly?
		<b>18</b>	Thank my AR's after the game (and discuss relevant factors afterwards if they were neutral)?
<b>Application of Law</b>		<b>19</b>	Apply the Laws correctly in relation to fair and unfair physical challenges?
		<b>20</b>	Enforce the Laws correctly?
		<b>21</b>	Interpret dangerous play correctly?
		<b>22</b>	Allow or condone the entry to the field of



			trainers without my permission?
		<b>23</b>	Caution or Send Off any players and record the necessary details?
		<b>24</b>	Deal promptly and correctly with players not retiring the correct distance?
		<b>25</b>	Allow substitutes on only after the players being substituted had left the field at the halfway line?
<b>Positioning</b>		<b>26</b>	Anticipate play and quickly move to be as near as possible to incidents?
		<b>27</b>	Aim to keep a position where the play was between my location and that of the appropriate AR?
		<b>28</b>	Always face the area of restarts after indicating free kicks etc?
		<b>29</b>	Make full use of the diagonal system of match control?
		<b>30</b>	Moving along my diagonal patrol path while not becoming too distant from play?
		<b>31</b>	Keep clear of the immediate location of play?
		<b>32</b>	Get a good sign on view of midfield challenges?
<b>Movement</b>		<b>33</b>	Maintain maximum activity throughout the game?
		<b>34</b>	Move around the field of play when necessary?
		<b>35</b>	Move sufficiently from end to end of the field of play?
		<b>36</b>	Move to the extremities of the field of play when necessary?
		<b>37</b>	Penetrate the Penalty Areas when necessary?
		<b>38</b>	Keep all possibilities in view by not turning my back on the action?
		<b>39</b>	Run through play to the Goal line when necessary?
<b>Control</b>		<b>40</b>	Deal with misconduct sensibly and correctly?
		<b>41</b>	Properly deal with dissent from my decisions?
		<b>42</b>	Communicate effectively with the players?
		<b>43</b>	Remember not to place my hands on a player's person for any reason?
		<b>44</b>	Avoid wagging my finger at players or in any manner to suggest that I was belittling them?
		<b>45</b>	When necessary, approach players, rather than demanding they approach me?
		<b>46</b>	Act decisively, suggesting that I was fully interested in the game?
		<b>47</b>	Concentrate on the game and my responsibilities at all times?
		<b>48</b>	Properly establish and maintain general control of the game?
		<b>49</b>	Deal with players who surrounded me to appeal against or question my decisions?
		<b>50</b>	Control myself using an effective whistle and calm voice to control players?

Keep an on-going record of your personal responses to these evaluation guidelines.

Do it! YOU will become a better... **REFEREE** 🍌